

## Beth James, 1<sup>st</sup> Vice District Governor Candidate

### District 19-O



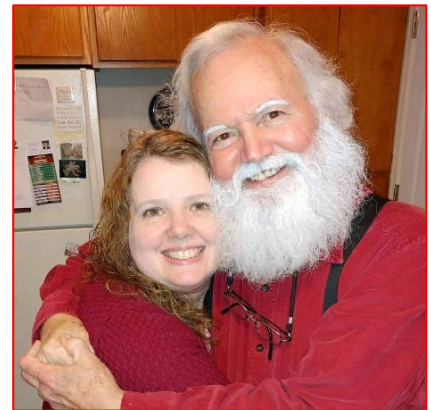
Beth James, First Vice District Governor 19B

Born and raised in Washington State, young Beth James' parents moved their household from Kirkland to an off-the-grid location in rural Woodinville partly due to her severe allergies suffered at an early age. There the family raised animals, goats, pigs, and chickens, with the goats providing the fresh milk necessary to maintain Beth's health. Beth became heavily involved with 4-H, training in animal husbandry, public speaking, record keeping, leadership, volunteering, and as a leader in 'The Bear Creek Bunch' her 4-H club. She also lent her voice to the Seattle Girls' Choir and the Woodinville High School Concert Choir and Jazz Choir, before graduating Woodinville High in 1989.

Beth attended Seattle Pacific University and worked at Group Health Hospital in Bellevue, where she found her vocation to train as a Certified Dietary Manager and Food Protection Professional. Beth currently is Food Service Director for Mission Healthcare in Renton. She loves her job! Billy Joe (Santa) and Gail James, her parents, moved from Woodinville to live with Beth in Renton, in 2019, where their family now has chickens and dogs.

Beth joined Renton Lions Club in 2016. Upon joining, Lion Beth became immediately involved, and increasingly active in club leadership. Her favorite service projects include Ronald McDonald House, Compass Housing Alliance Renton, Nishiwaki Sister City Association, Renton Food Drives and Lions Giving Library. She has held positions of Assistant Tail Twister, 1<sup>st</sup> Vice President, President, and Immediate Past President, receiving the Club President's Excellence Award during her tenure as President. Renton Lions honored Beth as a Melvin Jones Fellow in 2021. Lion Beth has served as B5 Zone Chairperson, gaining a taste of volunteering above the club in District 19B. Enjoying those leadership responsibilities, and in preparation for a role beyond club and zone, Beth attended the Northwest Lions Leadership Institute and the LCI Advanced Lions Leadership Institute. In 2020-2021 ZC Beth was appointed 2<sup>nd</sup> Vice District Governor of 19B by the Lions Clubs International Board of Directors.

Although she is a young Lion, Beth received the International Leadership award at the 2021-2022 District 19B convention for her leadership at the club and zone level. Beth was recently surprised to receive the International President's Award presented by International President Douglas X. Alexander at the MD19 convention during October. 1<sup>st</sup> VDG Beth is excited to continue her leadership journey and looks forward to meeting more Lions and serving District 19 O in the future.



*Beth and her father, Santa Billy Joe*