

Lions Clubs International

District 19A





- * 12.8% households are food insecure in BC
- * 1 in 3 seniors at risk of malnutrition
- * Clients of Food Banks increased 47% in 2018-2019. Sharp increase in 2020!
- * At least 5% children under 5 globally have hidden hunger

When Lions see the community members struggling, you and your Clubs can help in the following ways:

(A) Online Donations under Team "Lions District 19A":

- Greater Vancouver https://vfd.foodbank.bc.ca/fundraiser/LionsDistrict19A
- Richmond www.canadahelps.org/en/pages/lions-district-19a-service-project-to-fight-hunger/
- Squamish Squamish Food Bank "The Market", Tel: 604-815-7332
- Pemberton Sea to Sky Food Bank, Tel: 604-698-5521
- Granisle The Link Food Centre (Burns Lake), Tel: 250-251-1466
- Masset-Haida c/o Island Wellness Society, Tel: 250-626-4730
- Prince Rupert Prince Rupert Salvation Army Food Bank, Tel: 250-624-6180
- Skidegate c/o Island Wellness Society, Tel: 250-626-4730
- Sunshine Coast Sunshine Coast Food Bank, Tel: 250-885-5881
- Gibsons Salvation Army Harvest of Hope Food Bank, Tel: 604-886-3665

(B) Cheque Donations directly to "Lions District 19A":

District 19A will present a big cheque to the District Governor's designated beneficiary, the Greater Vancouver Food Bank, upon completion of the Campaign. Please put down your Club's name and Donors' personal details for issuing of tax receipts. Please send cheques to PO Box 404, 186-8120 No 2 Road, Richmond BC V7C 5J8. Attn: Clara Chow, GST District Coordinator. An e-Appreciation Certificate from the District Governor will be issued to Donors upon request by the Clubs.

(C) Food Drive and Entry to Photo Contest:



Lions can take a photo of all food items delivered to a Food Bank. Judging criteria are Team Spirit, Food Quantity and Variety. Please send your photo with the Club's name to GST District Coordinator, Clara Chow, at clarachow8132@gmail.com.

1st Place: Men's watch from Michael Hill worth \$399

2nd Place: Golden Ox worth over \$100

3rd Place: Special prize

Announcement of winners will take place on March 15 via email to all Lions Clubs.

Kindness Matters! Together we can make a Difference!



