



# The Border Crossing

July-August 2025

Bi-Monthly Newspaper

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MD19 Lions Office, 4141 Bennett Drive, Bellingham, Washington 98226

Phone (360) 733-4911

Email: [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)MD19 Website: <http://www.lionsmd19.org>Editor: Rebecca Anderson Email: [bordercrossing@lionsmd19.org](mailto:bordercrossing@lionsmd19.org)Web Master: JD Nellor Email: [jd@nellorlaw.com](mailto:jd@nellorlaw.com)

## Leadership Corner

By Debbie Bostock, MD19 GLT

Welcome to the new Lions Year. I trust everyone is prepared to begin with an open mind and a commitment to service.

As MD19 GLT for this year, I intend to continue hosting monthly meetings with our District GLTs. A key objective is to increase the number of in-person seminars across each District, starting with the identification of suitable locations—a process in which the District GLTs will play a vital role. Participation from members when seminars are held locally will also be essential for success.

We are exploring avenues to enhance accessibility for Presidents, Secretaries, Treasurers, and Membership Chairs to attend specialized seminars relevant to their positions, thereby supporting their qualification for Excellence awards. Officer manuals, including the recently revised Secretary Manual, are available on the MD19 website and serve as valuable resources.

To further support your professional growth, PCC Al Heldstrom conducts two to three online courses weekly via Zoom, with registration links available on the MD19 homepage. Additionally, you may access an array of training modules through the Learn section of the LCI Portal. Should you require any assistance or information, please feel free to contact me via email, text, or phone at your convenience.

## Link to More Information

Explore How LCIF Grants Can Help You Serve  
<https://www.lionsclubs.org/en/lcif-grants-toolkit>

USA/Canada Lions Leadership Forum  
<https://members.lionsforum.org/>

CARE Program  
[https://youtu.be/Md8S\\_XSXltw](https://youtu.be/Md8S_XSXltw)

Wondering about the future? Look here  
<https://lionsmd19.org/calendar.php>

Lions Quest Canada  
<https://www.lionsquest.ca/>

Lions Camp Horizon  
<https://lionscamphorizon.org>

Lions Member Resource Center  
<https://www.lionsclubs.org/en/member-resource-center>

Lions Virtual Events Center  
<https://www.lionsclubs.org/en/virtual-events-center>

Lions International Calendar  
<https://www.lionsclubs.org/en/resources-for-members/lions-events-calendar>

Lions Easter Seals Camps - BC/Yukon  
<https://www.eastersealsbcy.ca/summercamp/>

## Memorial Garden Dedication

The annual Memorial Garden dedication ceremonies will be held from 1:00 to 2:30 p.m. August 16, 2025, at the Multiple District 19 office, 4141 Bennett Drive, Bellingham, Washington U.S.A.

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## MD19 Council Chairperson

### Steve Brooks

As we start a new Lions year, I am excited to serve as your Council Chairperson with a theme of "Building on Service". Clubs across MD19 are doing great service within their communities that can be expanded to do more. I would like to encourage clubs to have brochures and membership applications available to the public while doing a service project. Don't be afraid to ask people to join your club.

Congratulations to our new five District Governors. It was great to see all of our governors in Orlando and have them participate in the International Parade. Our new District Governors are as follows: 19-L Teresa Ng, 19-I Steve Sweeney, 19-O September Stokes, 19-N Donna Murr, and 19-S Roger Schramm.



It was announced during the International Convention that District 19-O had made the largest dollar amount of donations to LCIF in all of Constitution Area 1 which includes the United States. Congratulations to IPDG Beth James and PID Don Shove for leading the district in making that award possible for MD19. It was through generous donations of clubs and individuals that made it happen. Looking at the numbers reported a couple of our other districts were close to the LCIF contributions that District 19-O had. Perhaps next year we can have another winner from MD19.

During the International Convention in Orlando, Florida our own Lion Mark Mansell, was elected to serve as an International Director on the board for two years. Mark's term on the board will be for the 2025-2026 and 2026-2027 Lion years. Congratulations to Mark and I know you will be there to represent all of MD19. I am personally looking forward to working with Mark throughout this Lions Year.

Our new International President, A.P. Singh, gave an inspiring acceptance speech during the convention. He took off his suit jacket and walked out into the crowd of Lions and Leos to speak. His theme, announced as "Leading to Serve, Serving to Lead" was accepted with enthusiasm. His message was to forget the title that we may hold as Lion Leaders and to focus on the needs of service in our communities. This approach of leading by example and being hands on fits closely to my style of leadership where I prefer getting involved with making the project happen. For clubs and districts in MD19 let me know of your projects, and anniversaries and I will see if my schedule allows me to participate.

Applications for Club Excellence for the 2024-2025 Lions year must be signed off by the Immediate Past District Governor and submitted to Lions International by August 31, 2025. I believe there are several clubs from MD19 that will qualify for Club Excellence for this last Lions year. The form to apply can be found at <https://www.lionsclubs.org/en/member-resource-center/grants-and-awards/association-awards/club-excellence-awards>.

Club Excellence for 2025 – 2026 Lions Year is changing requirements. Clubs need to plan now to achieve excellence during the Lions year. As follows:

#### Membership

- Induct 2 or 20% new members, whichever is greater (not including transfer, reinstated, or charter members). Eligibility will be based on the June 30th membership number for the previous Lions year.
- Or sponsor a new Lions Club

#### Service

Report a minimum of four service activities in the Lions Portal for the year. Three of these service activities must include the following International Service Projects.

- Mental Health and Well Being Service Project – October 4 – 12, 2025
- Hunger Service Project – January 3-11, 2026
- Environment Service Project – April 18-26, 2026

#### Leadership

- Report new club officers in the Lions Portal by May 15th .
- A minimum of 10% of the club's members complete any three courses in the Lions Learning Center.
- Club President for the current year cannot have served more than two consecutive years.
- A minimum of two or more club officers (president, vice president, secretary or treasurer. Of which, one must be the club president) complete Club Officer Training (online with the Lions Learning Center or in-person as reported by a GLT coordinator in Learn) between July 1 – December 31 of the current Lion year.

#### Donations to LCIF

- Contributed to LCIF, a minimum of the club's membership total on June 30th of the previous Lion year, multiplied by US\$20

At the Multiple District level, we applied for a Marketing Grant to help promote Lions across the Multiple District and work towards Lions International Mission 1.5. We should know sometime in August whether or not that grant was approved by the Lions International Board of Directors. I personally believe we have a good chance of receiving this grant as it was modified to include wording suggested by our International 1st VP Mark Lyon.

## Lions Care Food Drive

By PDG Art Ruben

TO ALL MD19 LIONS CLUBS

I am writing to request that your club consider hosting a food drive in your community ASAP. The demand on food banks for food is ever increasing because of increased costs of food. In many cases the demand on food banks has doubled and the banks are getting fewer donations. This is probably the way it is in your community.

To help our local food banks in Snohomish County, I am requesting that our local clubs collect food and cash donations on Saturday September 20th so as to take advantage of a public service campaign using local radio stations, newspapers and social media. We have chosen September 20th because space has been more available at grocery stores and because most other groups wait till November and December.

The theme of our food collection campaign is LIONS CARE!

If you are interested in using this logo or need more assistance please let me know. Note, we have created a 3' X 2' banner that fit on most food carts. See artwork below.

Please care about those in need and host a food drive.

Contact Information:  
[artgruben@gmail.com](mailto:artgruben@gmail.com)  
 425 387 9256



Renton Lions Presents



ESTD

2014



JCR MEMORIAL

SUNDAY  
AUGUST  
24TH  
2025

PIG ROAST

NOON  
-  
4PM

RENTON LIONS YOUTH CAMP  
 21230 SE 184TH ST, MAPLE VALLEY, WA 98038

TICKETS \$40/ADULT &  
 \$15/CHILD UNDER 12

PROCEEDS GO TO RENTON  
 LIONS YOUTH CAMP

FOR RESERVATIONS: CONTACT PATTY RICHERT  
 EMAIL: [PATTYRICHERT@GMAIL.COM](mailto:PATTYRICHERT@GMAIL.COM)  
 VENMO: @PATTY-RICHERT

## Lions Rose Parade Float

To learn more about the Rose Parade Float and the Lions Float Charity Golf Tournament, visit: <https://lionsfloat.org/>



Lions Youth Exchange 2025 pictured with Skagit Valley Leos

## Roaring Thru the Twenties - District I Convention

**REGISTRATION – OPENS JUNE 1, 2025** - See registration form with payment instructions on page 5

### HOW YOUR CLUB CAN HELP

**Raffle & Silent Auction** - To assist us regarding the Raffle & Silent Auction, we will be asking clubs to supply a prize or an item, or simply make a cash donation. We will gladly accept whatever prize, item or amount your club is comfortable with providing. Requests will be sent out again to clubs in late August.

**ReCycling** - Another way your club can help is by bringing jig saw puzzles and/or games to the convention that we can pass on to the Senior's homes in our community.

### PRELIMINARY INFO & PROGRAM HIGHLIGHTS

**Program Highlights** - Get ready to be inspired, empowered, and equipped at the upcoming 19-I Lions Convention! This year's lineup of dynamic panels is designed to spark fresh ideas and energize your service. From hands-on insights in the Secretary, Service Chair & Club Administrator Panel to the President's Rap Session, you'll find real-world strategies to strengthen your club and deepen your impact. Whether you're a long-time Lion or just starting your journey, these sessions are built to uplift and unite.

Explore powerful themes like Leadership, Lions Quest, and The Art of Recognition, while gaining practical tools through engaging workshops such as Navigating the Lions Portal and Building a Legacy: The Lions Guide to Service Project Success. Plus, discover how innovation meets service in Lead with Service: How AI Can Supercharge Lions' Mission, and how to embrace growth in How to Embrace Change. With something for everyone, this convention is more than an event—it's a launchpad for the future of Lionism. Don't miss it!

### Service Project

Late Friday afternoon the Penticton Lions is promoting a "Send Kids To Camp Walk." We are hoping to raise money during the walk to pay for kids' registrations to Easter Seals/BC & Yukon (BC Lions Society for Children with Disabilities) - Camp Winfield. Camp Winfield, here in the Okanagan, is one of the adopted camps of District I. The walk will be from the Convention Hotel to the historic SS Sicamous and back along the promenade on Okanagan Lake. It will also be an opportunity to promote the work of the Penticton Lions and the other clubs in District I.

### FUN Night

We will really be "Roaring Thru The Twenties". Period costumes are encouraged and there will be prizes for best dressed. The DJ has planned appropriately themed music throughout the evening and there will be a "Charleston" dance contest too! Don't know the Charleston ... check it out on Google. Hors d'oeuvres will be available later in the evening.

We are looking forward to having many Lions and their guests join us to experience a great convention and the beautiful City of Penticton in British Columbia, Canada.

Bob Elliott, Convention Chair and Margaret Ashley, Convention Co-Chair

For More Information: <https://lionsmd19.org/downloads/conference-19i/convention-news-2025.pdf>

## Mark Your Calendars! Council of Governors Meeting - October 2-3, 2025

Plan on attending the Council of Governors Meeting!

The Pre-Council Meeting will be on Thursday, October 2nd at 7:30 pm in Penticton, B.C. The Council Meeting will start at 9:00 am on Friday, October 3rd, followed by a lunch. Registration forms for Friday lunch will be available after July 1st, you will need to contact the Penticton Lakeside Resort BEFORE the 21st of August to make your own hotel reservation!!! (All the hotel contact information is on District I Convention form. Since you're going to be in town, extend your stay through Sunday and enjoy everything happening at the 19-I convention!

For More Information, visit the MD19 Website: <https://lionsmd19.org/>





# ROARING THRU THE TWENTIES

increasing leadership, membership, service and support of LCIF



## MD19 District I Convention Registration

October 3 & 4, 2025

<input type="checkbox"/> Lion <input type="checkbox"/> Leo <input type="checkbox"/> Guest	Print Registrant's Name	Print Registrants Club	Dist/Zone:	
			My first Dist Conference <input type="checkbox"/> Yes <input type="checkbox"/> No	
Address:				
City:		Prov/St:	Phone:	
Current Title:		Email:		
Special Dietary Requests: Special Meal Requests must be received before September 19, 2025. List the life-threatening food allergy, such as mushrooms or shellfish, which will cause serious illness or death.				

**Note: Partners and guests need to complete their own registration form.**

Date	Event	Price in CDN	Amount
<b>Registration Information</b>	Registration Leo	\$20.00	
	Registration Lions or Guests	\$40.00	
	After September 1, 2025 - Registration	\$45.00	
<b>Friday, October 3, 2025</b>	Roaring Thru the Twenties (Fun Night) (No meal – only hors d'ouvers – 1920's Attire)	\$24.00	
<b>Saturday, October 4, 2025</b>	Saturday Lunch – Everyone Invited - choose <b>one</b> Traditional Lasagna <input type="checkbox"/> OR Beef Stroganoff Puff Pastry <input type="checkbox"/>	\$47.00	
	Saturday DG Banquet Buffet - choose <b>one</b> Stuffed Chicken Supreme <input type="checkbox"/> OR Pork Tenderloin Medallions <input type="checkbox"/> Attire: Semi-formal, Dressy, Business, Club Uniform	\$66.00	
	<b>Total Amount Enclosed:</b>		0.00

**Please Note:** Credit Card charges will be in CANADIAN Funds. There will be a credit card service fee added to your total. Please Check Credit Card Type: ☐ Visa ☐ Mastercard

Card#: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 Digit Security Code (found on back of card): \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Signature, if paying by credit card: \_\_\_\_\_

### Payment options:

- 1) Send an e-transfer to lionsclubsdisti@gmail.com and email registration form to wrjell99@telus.net. (Only works if you use/have Canadian bank account.)
- 2) Email form with credit card information to wrjell99@telus.net.
- 3) Registrations can also be mailed to: Bob Elliott, 102-801 Comox Street, Penticton, BC V2A 8G5. Make checks/cheques payable (CDN Funds Only) to: "Lions Clubs District I"

Final Deadline for all registrations Friday September 19, 2025. No refunds after September 19, 2025.

Penticton Lakeside Resort, 21 Lakeshore Drive, Penticton, BC V2A 7M5

Room Reservations - Hotel 1-800-663-9400 or emailing lakeside@rpbhotels.com | Use Code: LIONS DISTRICT I CONFERENCE

**DEADLINE FOR BOOKING HOTEL ROOMS IS THURSDAY, AUGUST 21, 2025**

Room Rates start at \$197 plus taxes for either 1 or 2 people - 1 or 2 beds. Parking \$10.00 per day.

### Abbreviated Descriptions of Meals

Note: There will be vegetarian and other dietary needs for those requiring it.

Saturday Lunch: Caesar Salad, Traditional Lasagna (Vegan & Veg Options) or Beef Stroganoff Puff Pastry, Gourmet Cookies (1 per person), Coffee/Tea

Saturday DG Banquet: Mixed Green Salad, Stuffed Chicken Supreme or Pork Tenderloin Medallions, New York Cheese Cake, Coffee and Tea

## Sensory Garden

By PDG Art Ruben, MD19 Knights Of The Blind Sensory Garden Committee Chair

What is a sensory garden and why it might make a great project for your club and community?

A sensory garden is designed to create an enjoyable and safe outdoor experience for people who are blind or have limited sight. These gardens also benefit individuals with dementia and those on the autism spectrum or with neurodevelopmental disorders. Sensory gardens are enjoyable for everyone, and they provide a great way to engage with nature in an inclusive way.

A sensory garden is built to be fully accessible, often featuring amenities such as guardrails, Braille signage, and wide, flat paths suitable for wheelchairs. Many sensory gardens also include benches, picnic tables, touchable sculptures, water features, and sound elements like wind chimes to create pleasant sensory experiences. While these amenities are not required, they greatly enhance the enjoyment of the garden. The MD19 Knights Of The Blind have been working the past couple of years to encourage clubs to take an active role in creating sensory gardens in their community. We are pleased to have Lion Karen Ko as a part of their sub committee. Karen was instrumental in the creation and development of the sensory garden at the main entrance of Seattle's Woodland Park Zoo and has worked on this project for nearly 20 years.

Take a look at the MD19 Knights Of The Blind current efforts to help create Sensory Gardens.

The MD19 Knights Of The Blind (KOTB) subcommittee is pleased to report that a number of new sensory gardens are being created here in MD19.

### MD19 MEMORIAL GARDEN, Bellingham, WA

A meeting was held at the District O annual convention to discuss a proposal by the KOTB to turn the MD19 Memorial Garden into a sensory garden. In a followup call with Lion Wes Reynolds, the Caretaker for the memorial garden the plan is now to do work in stages starting with the front of the MD19 headquarters.

### EVERETT ARBORETUM, Everett, WA

The Everett Arboretum Society is working with the KOTB sensory Garden committee to have a new sensory garden within the arboretum completed this year. It will include a new tactile sculpture created for the garden. It is being installed now.

### WOODLAND PARK ZOO SENSORY GARDEN, Seattle, WA

The sensory garden located at Seattle's Woodland Park Zoo has gone through some recent improvements including a new sign that credits the Lions. Lion Karen Ko of the Seattle South Hill Club has led the Lions charge to get the Woodland Park Sensory Garden created back in 2006. She continues to work on its improvements. The sensory garden is located next to the Rose Garden at the zoo. Note, the Rose Garden was originally created in the 30s by a local rose society and Seattle Lions Clubs. Karen Ko works with KOTB in encouraging clubs to help build new gardens.

### Washington State University Master Garden Association

The KOTB Sensory Garden project is working with the Washington State University Master Gardeners in Snohomish County to create sensory gardens where feasible as a part of their demonstration garden program.

Other sensory garden projects are currently under discussion with the KOTB committee. Hopefully they will have some good news. soon. If your club or community would be interested in starting a sensory garden and would like assistance get in touch with the committee.

Contact: Art Ruben at [artgruben@gmail.com](mailto:artgruben@gmail.com)





## VISION AND HEARING RESOURCE FAIR



CANADIAN COUNCIL  
OF THE BLIND  
BC-YUKON DIVISION

[www.ccbbcyukon.com](http://www.ccbbcyukon.com)

### Explore, Connect, Empower!

### EVENT HIGHLIGHTS

Join us for a free, inclusive community fair showcasing services, tools, and technologies that support individuals with vision or hearing loss. Whether you're seeking information, resources, or inspiration, there's something for everyone.

**what you'll find:**

- ✓ Variety of Community Resources
- ✓ Accessible Technology Demonstrations
- ✓ Light Snacks
- ✓ Door Prizes
- ✓ Youth and Volunteer Opportunities

Everyone is welcome — individuals, families, professionals, & community groups!

**Question? email:**

[ccbbc-yukondivision@telus.net](mailto:ccbbc-yukondivision@telus.net)  
or [lionjocelynw@gmail.com](mailto:lionjocelynw@gmail.com)

v.07-02-25



**Diabetes:**

A Leading Cause of Vision Loss



**Together, we can build a more inclusive community.**

11 AM - 3PM

**27**

SEPTEMBER

**VANCOUVER EAST LIONS DEN**

770 COMMERCIAL DR  
VANCOUVER, BC

## Vital Information

**Border Crossing Information:** The 2025-26 Border Crossing will be emailed by AWeber as a link to each Lions President and Secretary, all Zone Chairpersons, all Vice District Governors, members of the Council of Governors, and the MD19 Committee Chairpersons. If anyone, including the above listed officers, wants to receive a hard copy rather than an emailed copy, they will need to purchase a subscription. A subscription form is found in this issue.

**CUT and PASTE:** The Cut and Paste, which is the corrections and updates for the MD19 Roster can be found on the MD19 website: [lionsmd19.org](http://lionsmd19.org) To locate go to Toolbox>Admin, scroll down to Roster Cut and Paste.

**MD19 2025-26 First Half Dues Statements:** On July 16 through the 18th the 1st Half MD19 Dues Statements were emailed or mailed as a hard copy if no email address was provided, to Club Treasurers or Secretary-Treasurers. **If your club has not received your dues statement, please call or email the MD19 Office. If you email please indicate to which club you belong.** An Aweber notification will also be sent as a reminder.

**Bulletin Editors:** When you send your club's bulletin to the MD19 Office via email using the email address [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org), you will receive a response from Michele within 24 hours. If you do not receive a response, please call the office to determine if the bulletin has been received or not.

**Secretaries:** Information (especially updates for Club Officers) sent to the MD19 Office should be sent to this email address: [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

**Zone Chairpersons:** Please send your reports, bulletins, and expense claim forms to: [md19admin@lionsmd19.org](mailto:md19admin@lionsmd19.org)

**Immediate Past District Governors & Vice District Governors:** All Expense Claim Forms should be sent to [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

**The 2025-2026 MD19 Roster:** The MD19 2025-26 Rosters have been mailed out in the US and will be mailed out in August in Canada (if there is no postal strike) in a very restricted manner. They will automatically be sent to each Lions Club Secretary **ONLY**, the MD19 Committee Chairpersons, members of the Council of Governors, all Vice District Governors, Zone Chairpersons and anyone who has purchased a roster. There will also be available the PDF version of the roster that can be sent to anyone who wishes it. For those wishing to purchase a hard copy of the MD19 2025-2026 Roster be aware that there is a VERY LIMITED supply available after sending to the Club Secretaries, et al, and once they are gone then your only option will be to receive the PDF.

**CARE Donations:** For every \$500 dollars (US and CDN at par) a club donates to the CARE project, the club is eligible to give a Gordon F. Smith CARE Fellowship to a deserving club member (CARE certificate and pin). The Fellowship must be requested in the same Lions year in which the donation was made. A rocker is automatically given to clubs that contribute \$5.00 per member to CARE within the current Lions year.

**Secretaries:** If the 2025-26 Club Officers were not reported before June 30th your access to your LCI club's site will not be accessible. You need to email: [lionssupport@lionsclubs.org](mailto:lionssupport@lionsclubs.org) or call: 630-468-6900 to let them know who your officers are. They will put in the information. When you receive confirmation that this has been taken care of, you will need to re-register to gain access.

**Recognitions of Achievements:** In this issue of the Border Crossing are the Recognition of Achievements for Zone Chairperson, President, Secretary, Treasurer and Membership Director. Zone Chairperson and Secretary are computed here in the office and the others are applications that are sent to the office and checked to see if all the qualifications are met. If you have questions regarding these recognitions please contact our office so we can investigate them – Thank you!

### **Funding of MD19 Border Crossing:**

The salary for The Border Crossing editor is partially funded by a grant from the MD19 Lions Service and Leadership Development Foundation. This is an example of your leadership dollars at work in the Multiple District.



## Border Crossing Ordering Options

The *Border Crossing* is automatically emailed by AWeber as a link to all club, zone, district and multiple district officers. Those wanting a hard copy of the newspaper, including the above listed officers, will need to purchase a subscription.

**2025-2026 Lions Year:**

**Border Crossing:** 6 issues in hard copy format. Subscription begins with the August issue. \$16.00 to U.S. Addresses; \$20.00 to Canadian Addresses.

**Roster and Border Crossing:**

**2025-2026 MD19 Roster Only:** Cost is \$8.00 U.S. Funds plus shipping and handling.

Add \$4.00 S/H for U.S. Addresses and \$6.00 for Canadian Addresses.

**2025-2026 MD19 Roster plus Hard Copy of Border Crossing:**

Mailed to U.S. Addresses: Border Crossing \$16.00 plus Roster \$12.00 = \$28.00 USD

Mailed to Canadian Addresses: Border Crossing \$21.00 plus Roster \$14.00 = \$35.00 USD

Send form below with your check or money order to cover all items ordered to MD19, 4141 Bennett Drive, Bellingham, WA 98226. No Credit Cards Please. All orders are pre-paid only. Questions: 360-733-4911 or [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

Print Name on Line Above

Phone Number / Email Address

Print Mailing Address

City

State/Province

Zip/Postal Code

**Border Crossing Link! IMPORTANT!** All club, Zone, District and Multiple District Officers and Email Border Crossing subscriptions will receive an email from Peter Anderson, via our AWeber email communications system sometime in late July with the Subject: "Confirm Your Subscription". Within that same email is a link that you need to click on in order to give us permission to send you the Border Crossing link and other important MD19 information during the year. You must confirm your "subscription" in order for us to communicate with you by following this procedure. If you do not confirm that you will accept further communications via AWeber, your email will be automatically removed from the list and nothing further can be sent to you.



**Border Crossing / AWeber (Emailed Ads and Fundraising Events sent to MD19 Lions)**

Name of Company or Club: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Street Address / P.O. Box

City

State/Prov.

Zip/Postal code

Size of Ad: \_\_\_\_\_ #of issues: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

If paying by credit card, please complete the following: ( ) Visa ( ) Master Card

Card # \_\_\_\_\_ Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Signature: \_\_\_\_\_ (payment will be in US Funds)

### Border Crossing / AWeber (Emailed Ads & Announcements sent to MD19 Lions)

**2023-24 Rates cover inclusion in 1 issue of The Border Crossing and 1 AWeber Message.**

Full Page	\$160.00	(8.5 x 11)
1/2 Page	85.00	
1/4 Page	50.00	
Business Card	35.00	

The *Border Crossing* is published August, October, December, February, April & June with a publication date of the 10th of the month. All ad information **MUST** be in the MD19 Office by the last day of the month previous to publication.

The AWeber announcement with the ad will be emailed out to all subscribers within 10 working days of the *Border Crossing* in which the ad is published.

**Submission Guidelines:** Camera ready artwork in either a .jpg, .png or .tif file. When submitting written copy only, not camera ready, an additional \$25.00 will be charged for ad design. You will be asked to sign off on any ad created for you. Specify ad size and number of issues the ad will run.



**LION CLUB**

# **BED RACES**

**Before ValleyFest Parade**

**September 19, 2025**

**Friday @ 6:15 PM**

**(Between University Rd & Bowdish on Sprague Ave)**

## **CHOOSE A THEME**

**ENTRY FEE \$150.00**

**RACE  
A TWIN SIZED BEDRACER  
WITH (5) TEAM MEMBERS  
IN COSTUME THEME**



♦ **RAISING FUNDS AND GETTING  
COMMUNITY DONATIONS.**

- ♦ **TWIN SHEETS**
- ♦ **TWIN COMFORTER**
- ♦ **PILLOWS**

♦ **SHP BUILDS BEDS FOR KIDS  
IN NEED.**

**(3) PRIZES!**

- ♦ **BEST OVERALL TIME**
- ♦ **BEST BED DESIGN**
- ♦ **BEST TEAM SPIRIT**

- ♦ **Lion Clubs** are the largest service organization in the world meeting the needs of their local communities providing eye glasses, hearing aids, diabetes & health education, emergency aid and raising funds for local community support. As part of our fundraising effort, support for the nonprofit SHP (Sleep in Heavenly Peace), provides young children with beds who would otherwise not have one. Their motto is, "No kid sleeps on the floor in my town," and SHP supplies children with bunk beds, mattress, pillow and bedding.

## BED RACE RULES

1. Each team must have 5 people to a team who actually race (4 runners, 1 rider).
2. Race course is 1,000 feet; 500 ft one way, Rotational fire drill and 500 ft back to finish line.
3. At least (2) Bedracers will race at once for a time trial. Top (2) times, race will go in heats of (2-5) teams. Race for the single best time.
4. All beds must be decorated (keep in mind there is a contest for best decorated and great prize for this).
5. Any size wheels are permitted.
6. Pushing or pulling the bed only during the race.
7. Bed Racer and each team must stay in designated lane.
8. Rotational fire drill must include switching of the pajamas (provided).
9. All 5 team members must pass finish line (with the bed) in order to win.

## TEAMS CHOOSE A THEME...



## BED CONSTRUCTION

1. Twin bed design (due to width of lanes in race course). Mattress or padding (minimum of 4 inches thick) must be part of design.
2. Beds must have wheels, all must touch the ground, wheels can be any size. Recommend pivotal wheels.
3. Participants must dress along with the bed theme decoration to win prizes. Beds can be decorated in any way, full team costumed is part of the design – be creative!
4. Bed cannot have any means of propulsion other than the team pushing or pulling it. No motors. Human power only. No brakes.
5. Bed may have push bars not extending more than 4 inches out. Nothing sharp may be part of the bed.
6. No sharp items, glass or obscene items on beds. Beds will be disqualified for any of these violations.
7. Any violations in bed design will have penalties (up to and including disqualification). Beds that are not constructed according to the rules will be required to be modified to adhere to the rules.
8. Family friendly event, please design and dress accordingly.

**"Friends of the Garden"** donations are always welcome from individuals or Lions Clubs. The Garden at MD19 office can't exist without contributions. Encourage your Club to budget annual support (\$1.00 per member would be spectacular!)

For more information, contact the MD19 office at 360-733-4911



# MD19 STEP CHALLENGE

START  
OCTOBER 6, 2025

A one-time \$5.00 participation fee, paid to your District Diabetes Chair, goes to Diabetes Camps in your area

30 Weeks of counting steps - submitted weekly

Last day to walk May 3<sup>rd</sup>, 2026

Updates posted in:  
MD19 Diabetes Newsletter & Border Crossing

Open to Lions Members and Non-Members  
(Family and Friends pay the one-time \$5.00 participation fee for steps to count)

All money raised  
will send kids to  
Diabetes Camps  
in Canada  
and USA

Winner announced at the MD19 Convention in Wenatchee, WA  
weekend of May 23 - 24, 2026



#### CONTACT YOUR DISTRICT DIABETES CHAIR FOR MORE INFORMATION

District L: PDG Georgia Medwedich: gdalmaine@gmail.com

District I: Lion Linda Schaffrick: lindashaffrick@gmail.com

District O: Lion Michael Contreras: mikercv.nac@gmail.com

District N: TBD

District S: TBD





## MULTIPLE DISTRICT 19 DIABETES CHAIR



Trying to get our clubs involved and motivated and thinking about Diabetes is a challenge, sometimes it works and sometimes it doesn't. As your MD Diabetes Chair, I hope to help you bring awareness to your clubs and communities about Diabetes. In doing so, let's take care of ourselves first! For the past few years the former District I and the new District L have worked at the "fitness" approach. I initiated a "Step Challenge" to all clubs. This was going along with my theme when I was District Governor "Step Up to the Plate", I asked clubs to join in and step up for Diabetes. Last year, CC Patty Allen-White approved of me taking this Multiple District wide, it was slow on catching on but I think once the "shoe" trophy was presented to the District winner, the other Districts thought why not us!

### Step Challenge

I am challenging each of the five districts to participate in this step challenge. This year as last year I ask that each walker donate a participation fee of \$5.00 which will go toward sending a **child to camp in either US or CA**. All monies donated will be split by where the majority of the clubs are located and sent to either the Diabetes camps in the US or Canada.

### How it will work

This will be a 30 week challenge with the winning District announced at the MD convention in May.

Each District or club will need a coordinator who will receive the total steps from each club in their District and forward to me each Monday of the 30 week challenge. *Something new this year, anyone can walk in this challenge! Your neighbor, friends, relatives, get them walking and reporting their steps to your coordinator, besides feeling better, submitting \$5.00 to a good cause, who knows, maybe one day they will say, "I want to join your club!"*

So tune up your Fitbit, I watch, pedometer and/or apps on your phones, get ready we are about to start!

Start to walk on **Monday October 6, 2025** (all weekly steps are from Monday to Sunday) report your steps to your club or District Coordinator, or even straight to me on the following Monday October 13. You will continue on like this for 30 weeks, I will send your coordinators, or clubs or whomever is designated encouraging words to share with you. I will send reports to the Border Crossing and District Governors to be shared of each District is doing. Last day walking **Sunday May 3, 2026** reporting to me on Monday May 4, 2026. The winning District announced at the MD19 Convention on May 24, 2026 in Wenatchee WA.

What the winning District will receive, BRAGGING RIGHTS and their Districts Name on the trophy!

PDG Georgia Medwedrich  
Multiple District 19 Diabetes Chair  
[gdalmaine@gmail.com](mailto:gdalmaine@gmail.com)



## 2024-2025 Club Officer Recognition of Excellence Recipients

### 2024-2025 Club President Recognition of Achievement Recipients

L-A7	Vancouver Diamond Lions Club	Marco Choi
N-11	Camas Lions Club	Stephanie O'Dell

### 2024-2025 Secretary Recognition of Excellence Recipients

I-8	Oliver Lions Club	Linda Schaffrick
I-10	Enderby & District Lions Club	Neil McRobbie
O-4	Chilliwack Mt. Cheam Lions Club	Madelene Lange
O-5	Ferndale Harborview Lions Club	Michele Barrie
O-6	Burlington Lions Club	Jackie Bechtel
N-11	Camas Lions Club	Casey O'Dell

### 2024-2025 Club Treasurer Recognition of Achievement Recipients

L-A1	Vancouver Chinatown Lions Club	Tennyson Choo
L-A1	Vancouver Shaughnessy Lions Club	Teresina Lau
L-A8	Vancouver Metropolitan Lions Club	May Ho
L-I2	Sooke Harbourside Lions Club	Bev Lewis
N-10	Battle Ground Lions Club	Stephen Staudinger

### 2024-2025 Club Membership Director Recognition of Achievement Recipients

L-A1	Vancouver Chinatown Lions Club	Kenneth Liu
L-A1	Vancouver East Lions Club	Alec Wong
L-A1	Vancouver Shaughnessy Lions Club	Philly Lai
O-7	Oak Harbor Lions Club	Anna Corina Villarreal

### 2024-2025 Zone Chairperson Recognition of Achievement Recipients

L-A8	Vancouver Metropolitan Lions Club	Albert Wong
L-I2	Sooke Harbourside Lions Club	Joanne Payment
I-8	Penticton Lions Club	Bob Elliott
O-6	Burlington Lions Club	Rosemary Walkup
S-2	Sunnyside Lions Club	Sherre Holden
S-10	Cheney Centennial Lions Club	Tom Osler

### 2024-2025 Club Visitations Recipients

O-4	Chilliwack Mt. Cheam Lions Club
O-6	Burlington Lions Club
O-11	Des Moines Lions Club
N-7	Lacey Sunrise Lions Club
S-13	Post Falls Lions Club



Club Secretaries and Zone Chairpersons, contact the MD19 Office if you feel you should have been included in these lists. **Remember:** the President's, Treasurer's and Club Membership Directors are forms that are sent, from the clubs to the MD19 Office before July 25th. ZCs and Secretaries are done in office. Please send documentation so we can double check our findings, (E.G. Zone Meetings, District Convention Attendance, Officer Training, etc.).

### LITPC Offers Scholarships - By DG Mary Ellen Sherer, 13-OH3, LITPC Board of Director Member

Lions International Trading Pin Club (LITPC) offers eight scholarships. LITPC offers scholarships each year and for 2026 we will be giving out eight (\$4,000 US Dollars) scholarships. More information for these scholarships will be sent out in September. The Scholarships will be given out next June to graduating High school students. The Students must be a child, grandchild of a current Lion member or they could be a current Leo member.

## CARE Project for 2025-2026



**Project Idea 1: Improve Water and Sanitation in Schools (part of School Food and Nutrition Education "EDUSAN" Program)**

It is crucial to strengthen initiatives that ensure proper nutrition for school-age children, promoting better physical and emotional health and their ability to learn. For this reason, CARE is working with the government of Guatemala on various interventions, including through a school feeding program. However, challenges exist that must be addressed to safely provide students with school meals and snacks. Most schools in Guatemala City have inadequate infrastructure and fail to meet the minimum requirements for spaces suitable for food preparation. Moreover, schools currently lack appropriate kitchens for food preparation, do not have dining areas, and lack handwashing facilities that promote food safety in the

distribution process. Additionally, they lack the necessary equipment to promote the consumption of safe water for the preparation of school lunches.

With funding from MD19 Lions, CARE proposes to improve the infrastructure of schools in Guatemala City so that snacks and meals can be provided in a clean, safe environment where basic food safety and sanitation guidelines are followed.

To do this, CARE proposes a project that would install handwashing units, ensure access to clean water, improve bathroom facilities in schools and provide hygiene education, all of which will contribute to improve sanitation in schools.

**With a grant of \$40,000 from Multiple District 19 Lions, CARE aims to work in 12 schools benefitting 3,018 children in Guatemala City, through the following activities:**

- Improve water purification systems for safe drinking water (12 schools)
- Install handwashing units (3 schools)
- Construct bathroom facilities for boys and girls (1 school)

### Memorials for June 2025

L 12	Victoria	Christina P. Street
L 13	Central Saanich	Petra G. Hrasky
L 17	Gabriola Island	Charlie Gillis
I 5	Northport	Don Baribault, Jr.
I 10	Armstrong	Jos Berkhout
O 7	Whidbey Island	Rogers Wisniewski
O 8	Everett South	Dixon Marshall
O 8	Snohomish	Dale H. Deierling
O 11	Seattle Bituin	June Mata Alvarez
N 2	Hood Canal	Carol J. Hunter
N 4	Federal Way	Roger G. Flygare
N 6	Boistford	Bernard T. Lane
N 8	Spanaway	David E. Bartlett
N 9	Kalama	Michael W. Shreve
S 7	Pullman	Daniel Maher

### Memorials for July 2025

L 12	Esquimalt	William Emery
L 15	Qualicum Bay	James John George
O 8	Edmonds	Harvey Katz
N 8	Eatonville	Mary J. Brohan
S 1	Yakima	Richard B. Elliott

### Percentages of First Half Dues Paid for 2025-2026, July 2025

	DUES
19-L	23%
19-I	30%
19-O	49%
19-N	37%
19-S	54%



# MD19 Calendar of Events 2024 - 2025

## 2025-2026

Memorial Garden Remembrance & Rededication 1:00 - 2:30 pm, 4141 Bennett Drive	Bellingham, WA	August 16, 2025
USA/Canada Lions Leadership Forum	Atlantic City, NJ	September 18-20, 2025
MD19 Council of Govenors Meeting District 19-I Annual Conference	Penticton, B.C. Penticton, B.C.	October 2-3, 2025 October 3-4, 2025
Office Closed	Bellingham, WA	December 24, 2025-January 4, 2026
MD19 Council of Governors Meeting Lions Youth Exchange North America Forum District Conventions	Zoom	February 6-7, 2026 February 25-28, 2026
District 19-O	Coquitlam, B.C.	March 20-21, 2025
District 19-N	Tacoma, WA	April 10-11, 2025
District 19-L	Richmond, B.C.	April 10-11, 2025
District 19-L Leo Convention	Richmond, B.C.	April 12, 2025
District 19-S	Coeur d'Alene, ID	April 17-19, 2026
District 19-I	West Kelowna, B.C.	April 24-25, 2025

***The Border Crossing***  
**MD19 Lions Office**  
**4141 Bennett Drive**  
**Bellingham, WA 98226 USA**

**The future depends on YOU!**  
**Ask someone to become a Lion!**