



**Help us meet our fundraising goal for kids in Honduras!
We are almost half way there!**



You can make a difference!

Help fight malnutrition and grow healthier families in Honduras by supporting Year 2 of the MD19-CARE project, working through schools in rural communities to prevent malnutrition.

Project Name: School Gardens for Healthy Nutrition

Fundraising Goal: \$80,000 by June 30, 2020 (over \$36,000 raised so far)

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Join MD19 and CARE and Make a Difference!

In the southern part of Honduras, known as the “dry corridor,” we find the most acute levels of poverty and malnutrition – **91.7 percent of the population live in extreme poverty and 58 percent of children under age 5 suffer from chronic malnutrition**, in part from recurrent droughts and lack of knowledge about a proper diet, conservation agriculture techniques and preservation of the environment.

By partnering with CARE on the School Gardens for Healthy Nutrition project, MD19 Lions will improve the nutrition of 1,600 students and their families through 40 communities and their schools in southern Honduras. The project will work with students, teachers and parents to **create agricultural learning spaces (gardens) at schools to improve agriculture and nutritional food knowledge, and promote healthy living and conservation and preservation of natural resources such as soil and water**. Production and preparation of nutritious food and vegetables in schools involves comprehensive learning by which children and teachers will use their knowledge to become “multiplying agents” that will contribute to improving food and nutritional security in their homes and in their communities.

The project will be implemented in five **municipalities in southern Honduras**: Pespire, San Jose, San Isidro, San Antonio de Flores and Lepaterique. The project will have two phases and each will be 12 months, starting in late 2019 and finishing at the end of 2021. The MD19 Lions-funded project will complement the ongoing work of a larger program in the region known as PROSASUR, where CARE works as part of the Alliance for the Dry Corridor to improve food and nutrition security for vulnerable households.



With support from MD19, CARE aims to accomplish the following objectives:

- Promote the agro-ecological production of vegetables in rural schools and households.
 - ✓ Establish 40 school gardens with vegetables and fruit trees, with active participation from students, teachers and families.
 - ✓ Train communities at 40 schools on conservation and soil management practices for the gardens.
 - ✓ Install 20 irrigation systems to supply water to the school gardens.
- Promote good nutrition and hygiene practices

to improve the health of children and communities.

- ✓ Train students, teachers and families from 40 school communities on how to prepare healthier meals and adopt good hygiene and nutrition practices.
- Improve the attitudes and knowledge of students, teachers and parents about agriculture, nutrition and the sustainable management of natural resources.
 - ✓ Create collections systems for composting at 40 schools.

Please Encourage Your Club to Give!

We need your help! Our goal is to raise a total of \$80,000 by June 30th, 2020 for this 2-year project in Honduras. Over \$36,000 was raised last year, so we are almost half way to that goal. On behalf of the hundreds of families in Honduras who will benefit from support from MD19, thank you for giving!