

MD19  
Supported  
Projects

## CARE and Multiple District 19 LIONS

The Lions of Multiple District 19 have partnered with CARE since 1958. CARE is one of the oldest and largest aid organizations in the world. They are the same organization that sent CARE packages to France after the war in 1945. Their motto is Defending dignity, fighting poverty. CARE only works in the poorest of poor countries, supply aid, education and also being an advocate for women and children who are unable to be heard. CARE believes in making communities self-sufficient, training the people of the community they are helping so they have a vested interest in continuing what CARE has started.

Every two years, the Council of Governors votes on a project chosen from three provided by CARE. The goal is to raise \$40,000.00 per year to support the project chosen. The Lions of MD19 have been very successful in reaching that goal for the past several years.

### **Some other recent projects that CARE and MD19 Lions have partnered on:**

*The current project is "Educational Opportunities for Girls" in Peru. CARE has developed a program framework for the proposed Girls with Opportunities initiative, which intends to reach 100,000 girls nationwide over a 10-year period. CARE seeks funding for the two-year Girls with Opportunities pilot project, which will target 4,569 girls at 19 schools in the departments of Huancavelica and Ica in southern Peru. The focus of this project is to empower adolescent girls from rural and marginalized urban areas with better quality education and opportunities to learn important social skills.*



~\*~

*"Water-Links" in Guatemala. Rural areas of Guatemala have water but it is not easily accessible to villagers. Women and children spend the better part of their day fetching water and thus are denied an education. There is also the issue of sanitation. Diarrhea caused by waterborne parasites is the number one killer of children under 5 years of age.*

~\*~

*Getting young children out of the abandoned silver mines in Bolivia. These mines were extremely dangerous and children, primarily the boys, were being killed. CARE was instrumental in stopping this by instructing the matriarch of the family in other ways to earn money, by weaving, framing and pottery making.*

~\*~



*Educating and providing good pre-natal care for pregnant women in the Ecuadorian Andes. This culture was steeped in superstitions and women were not inclined to attend pre-natal clinics. By understanding their culture and making some small changes like changing the clothing the health care workers wore (not white as white means death in this culture) the mid-wives of the area started to trust the new ideas and more pregnant women received care.*

As Lions we have so much to be proud of. This partnership with CARE is certainly one of them. With the money raised, Lions are making a difference in the lives of women and children in the poorest areas of Central and South America.

When a club donates just \$5 per club member, that club will receive a banner patch. If a Club donates \$500 in a Lion's year, they can apply for a Gordon F. Smith Fellowship to honor one of their club members. More information is available on the Multiple District 19 Website under the CARE heading.

***For a complete list of all the CARE Projects that MD19 has partnered with please see page 65 under the Resources section.***

# Northwest Lions Foundation



*Restoring Sight, Hope, & Hearing*

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*Our Mission is to work with*

*MD19 Clubs to give back to our communities  
in Washington and Northern Idaho.*



## Lions Health Screening Unit

This mobile clinic travels 34,000 miles a year across Washington and Northern Idaho to provide free check-ups for sight, glaucoma, diabetes, and blood pressure. **Impact in 2015: more than 34,000 free screenings.**

## Patient Care Grants

We partner with local Lions Clubs to help people who otherwise could not afford sight loss treatment, ranging from cataract surgery to magnification equipment and even prosthetic eyes.

**Impact in 2015: 15 individuals assisted.**



## Project Support Grants

To expand our impact, we award grants to other non-profits in the region who protect and restore sight. The grants can provide anything from computers and software to Braille instruction.

**Impact in 2015: over \$120,000 in grant support approved.**



For additional information contact:

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**PROJECT HOPE**  
helps integrate combat veterans  
into their **FAMILY AND COMMUNITY**

### Lions Project New Hope Northwest



#### Local Need

Upon learning of Project New Hope of Minnesota, Lion Joel Graves began the process of establishing a similar operation in Multiple District 19 of the Lions International. The location in Washington State was ideal, given the proximity to several military bases. At Joint Base Lewis-McChord alone the movement of military personnel to and from combat zones in Iraq and Afghanistan took on such a pace that, it is no longer rare to hear of military personnel embarking on their 4<sup>th</sup> and 5<sup>th</sup> combat assignments

Such a marathon schedule of departures and returns creates incredible stress for families. While military life can provide a certain type of stability, the turmoil created by the frequent deployments has the potential to over shadow any benefits of stability. The returning veterans can hardly avoid returning with altered personalities or views of life compared to when initially deployed. Each additional deployment only adds cumulative, and often negative affects to the individuals' personality. Returning to his or her prior life can often be a problematic transition. Adding to the complexities of returning warriors' transitions, the veterans' families have faced difficulties coping with the temporary loss of a key member. They have had to assume responsibilities previously held by the absent individual. Children must learn to conduct themselves without that critical role model and disciplinarian. When the combat tour concludes, the joy is sometimes mixed with the resumption of past roles by all parties, a prospect often creating confusion, frustration and possibly resentment.

For those experiencing difficulties in the transition, Lions Project New Hope Northwest offers free weekend retreats for individual veterans and their families. The retreats, held in the midst of some of the most beautiful and peaceful forest land in the Pacific Northwest, provide professional PTS/mental health counselors at the workshops; counseling sessions with professional counselors; and ample time for the families to enjoy recreational activities as a function of reaffirming the bonds they felt prior to deployment

#### Funding

Funding for Lions Project New Hope NW [LPNH-Northwest] is provided by Lions Clubs contributions, private donations and grants presented by corporations and other organizations. The majority of those funds go to the costs of acquiring facilities for the weekend camps, including meals and overnight accommodations. There are no paid personnel.

LPNH-Northwest is a function of the Lions International Multiple District 19, and its core activities are in the South Puget Sound region. It is managed by a board of directors and is a tax-exempt 501(c) 3 organization. All staff, board members and retreat assistants, including professional counselors and instructors are unpaid volunteers.